

**Hong Kong Lawn Bowls Association**  
**Council Meeting on 27 June 2011 at KBGC**  
**Notes from VP National League**

**1. Complaint from HKCC against ILBC**

Without an umpire on duty, the League Panel was difficult to judge any breach on possession of rinks.

Club convenors are advised to remind their bowlers about the basic of "player should not interfere with, annoy or distract in any way to their opponents" remain the core ethics of our sport.

**2. Complaint from HKFC against GBLBC**

It related with the bowler's behavior. The case was handled by Disciplinary panel.

Cyril Leung

**Report From VP National Championships**

**1. Ronson Au Mixed Fours**

Winner : Daphne Leung, Bernard Leung, Raymond Ho and James Cheng ( KBGC ).

**2. Men & Women Indoor Singles**

Round 2 MUST be played on or before 11 July.

**3. Men Novice Singles**

Semi-Final will be played on 28 June, 2011 at FC.

**4. 1<sup>st</sup> National Finals Day**

- Date : 3<sup>rd</sup> July, 2011 ( Sun )
- Time : 10am & 2:30pm
- Venue : CCC
- Presentation will be held at around 6pm at CCC.
- Spectators may buy a lunch ticket for lunch (\$80).

Tony Chiu

## HONG KONG LAWN BOWLS ASSOCIATION

FINALS DAY AT CCC ON SUNDAY July 3<sup>rd</sup>.

10am

## Men Novice Pairs CdeR v GLBC

CdeR ALEX KWOK, JAMES HO  
GLBC W C AU, K K SO

## Men Novice Singles TBC v HKFC

TBC  
HKFC NEIL HERRINGTON

## Women Novice Singles TMSA v HKYDT

TMSA JOANNE LEUNG  
HKYDT VIVIAN YIP

2.30pm

## Women Novice Pairs TMSA v KBGC

TMSA JOANNE LEUNG, PEGGY TANG  
KBGC PHOEBE MA, CINDY LAU

## Men National Pairs KBGC v KBGC

KBGC KEN CHAN, JERRY NG  
KBGC RAYMOND HO, JAMES CHENG

## Women National Pairs FC v USRC

FC AMY WONG, SANLIA WONG  
USRC WINNIE WAI, FANNY FERNANDES

## Men National Triples CLBC v FC

CLBC SUEN CHI SING, LI MING SUM, BARTON CHAN  
FC CHUNG MING SANG, EDDIE TANG, PETER LI

## Women National Triples USRC v AYFP

USRC ANGELA CHAU, MERCREDI YEUNG, HANNAH HA  
AYFP CHAN PO YA, FLORA WONG, ALICE LEE

**Presentation will be hold around 6pm at CCC.**

Lunch will be provided at around 1pm free of charge to all competitors and officials. Spectators may buy a ticket for lunch (\$80). This must be booked in advance by contacting Howard Poon at [competition@hklba.org](mailto:competition@hklba.org)

## HKLBA TRAINING CAMP 4 – 15 APRIL 2011 - REPORT

### A. INTRODUCTION

First and foremost I would like to thank HKLBA for giving me this opportunity to share my experience in bowls. Your crew has shown excellent hospitality, Shima and I have thoroughly enjoyed our stay in Hong Kong. We wish we had more time, there's so much to share and both the squads were very receptive to our presentations.

I must also declare here that I will not commend on the individual player per say. The program was too short for me to get to know them well enough. I am a strong believer that elite athletes must be technically, tactically and mentally strong; besides these they must have the right attitude and good communication skills. Therefore to make a valid commend more time is needed with the squad.

My main aim during the program was to introduce the ala carte Malaysian drills and to share what worked for Malaysia during my 6 years with the MAS Team. I also kept in mind that your squad does not train fulltime.

I liken your situation to that of Australia. The players are from all over the continent but they are brought together as a squad for common training regularly. Therefore the squad members are assigned or asked to get a personal coach to help them train when they are back in their own club.

I must stress that for any team to excel there must be some form of continuous organized training as a team. I refer 'training' to practicing drills and application of the skills in match simulation (mini or modified games). This is where you need common instruments (for measuring progress) and also pre-designed drills. In this training too all the necessary 'soft skills' (discipline, composure, handling pressure, mental toughness, communication... etc ) of the sports must be incorporated. However there's no one perfect way/program to train a team, coaches will have to be creative and make changes where necessary. I need to emphasize here that training must be at the intensity of the game or even higher and tougher for a team to perform at a level higher than their counter part. Below are some of my personal recommendations in the best interest of your team and I hope they will help.

### A. RECOMMENDATIONS

Common instruments –Scores to be recorded monthly

- i) Rob Dobbins's Training Exercises Procedures (I have attached the file with this mail). It is simple and the explanation very clear. It may be ROBOTIC but it serves a good guide to allow the players to know their technical skill and they can do it on their own, personally I will not take this as a major focus but as a necessity.
- ii) My Sifu's 'pbs' (this is also attached –topic Audit Skills). The purpose of this is to enable your squad members to establish a standard out of 10 to gauge their skill/consistency for registered deliveries (you can start with 10 and progressed from there) at the two extreme playing lengths (only mediocre bowlers play medium length). Your squad members are able to set their personal best and thus the group standard for all the deliveries at the two extreme ends. Not only that this will also allow them to set themselves a measure of being the best of the best in your 2011 Squad. And to measure themselves against their own best and their peers to continue to strive for the perfect score in each of the deliveries.
- iii) Every squad member be encouraged/required to have their skill rating deliveries at a minimum of 40% performance overall.

Drills – As in all sports, relate the drills to game like situations. Please refer to the handouts that I have given during the program (file attach). I recommend that during training the drills be conducted for an hour with a set focus and then have a modified game for the second hour, and take this knowledge into the main event (this was how the MAS team trained). The training environment is the variable that best assists players in developing a culture of knowledge application for decision making skills, therefore HKLBA must try to create such a training culture environment for your squad.

## TECHNICAL

- the players are to work on their skill assessment for each and every bowl delivery type
- that work must include training in positioning on the mat (where you stand on the mat), bending until delivery has sped away on the grass, pre and through delivery routine
- it is not difficult to asses any 10 attempts at those deliveries and that is why it must be undertaken at training session; (pbs).
- this rating gives an indication of current and possible best skill level of deliveries and knowledge for decision making in future events.
- Repetition, repetition, repetition of delivery

## TACTICAL

- players need to see and learn from the other winning teams (Australia, New Zealand and Malaysia) who are using game plans, scoring both training and games performances, decision making;
- all of the squad should be made to go that way of preparation to foster success
- detailed score-card (training and game) – players need to see the positive effect of this, that is being able to reflect on the list of aspects that enabled them to perform, such as
  - delivery
  - drawing into a zone
  - recorded game analysis
  - winning ends and the lengths
  - number of bowls per end in the head etc etc
- a greater emphasis to train players to appreciate the value of
  - Playing the medium length, a sure sign of mental/tactical mediocrity (that's why you need to train the two extremes)
  - Changing hands as part of decision making
  - Segmenting as an approach to minimize lapses in form during an event
  - Focus on the process which is delivering bowls in a specified zone, the present focus is incorrectly set on a result or jack
  - Feedback being honest and direct amongst the players as part of game reviews
  - Players responsibility for recording scores, ends, mat length scores
  - Planning with emphasis on pre game preparation and tactical focus

## MENTAL

- specific sessions with players to determine what occurs during a game for players / teams when losing by a large margin – intention is to gauge players reactions to that experience and provide relevant mental skill training necessary to keep calm
- specific sessions with players to determine setting segment goals
- the players be assisted through training and interviews to see the benefit or the effort to analyse the performances in both the training and the games
- get a mental trainer to constantly work with players focusing on the result per end as opposed to the process of the measure of a number of their deliveries over a few ends (this is an important part of sports science)

**HONG KONG LAWN BOWLS ASSOCIATION -  
HK Squad Special Training Camp (4-15 April 2011)**

Venue: Kowloon Bowling Green Club & Victoria Park Bowling Green

**Attendance Record**

	<b>Name (MEN)</b>	<b>Attendance</b>	<b>Questionnaire return</b>	<b>Remarks</b>
1	KEN CHAN	60%	N	Attend 10/10 sessions, 4 sessions late
2	DANNY HO	100%	Y	
3	ALEX NG	100%	Y	
4	JIMMY CHIU	100%	Y	
5	TONY CHEUNG	100%	Y	
6	WILSON KWONG	100%	Y	
7	LI MING SUM	100%	Y	
8	JAMES KEUNG	100%	Y	
9	JERRY NG	90%	Y	1 session sick leave with Medical Certificate
10	BERNARD LEUNG	90%	Y	
11	LEE KA HO	90%	Y	
12	ROBIN CHOK	90%	Y	
13	CHADWICK CHEN	90%	Y	
14	ANDY CHAN	0%	N/A	Taken part in Police event
15	MILO LAI	0%	N/A	Taken part in Police event

	<b>Name (WOMEN)</b>	<b>Attendance</b>	<b>Questionnaire return</b>	<b>Remarks</b>
16	GRACE CHU	100%	Y	
17	ANNA CHAN	100%	Y	
18	WINNIE WAI	100%	Y	
19	JOANNA NAM	100%	Y	
20	CAMILLA LEUNG	100%	Y	
21	DANNA CHIU	100%	Y	
22	PHYLLIS WONG	100%	Y	
23	PEGGY MA	90%	Y	
24	WANIS SZE	90%	Y	
25	ALICE LEE	90%	Y	
26	QUEENIE LAI	80%	Y	2 sessions personal leave
27	HELEN CHEUNG	80%	Y	2 sessions sick leave with Medical Certificate
28	JESSIE SO	70%	Y	
29	TAMMY THAM	0%	N/A	Taken part in World Cup
30	FANNY FERNANDES	0%	N/A	

	<b>Name (Junior Squad)</b>	<b>Attendance</b>	<b>Questionnaire return</b>	<b>Remarks</b>
1	TIFFANY TSUI	100%	Y	
2	PO TING HEI	100%	Y	
3	PINKY CHAN	100%	Y	
4	OLIVIA YU	100%	Y	
5	JAMES TANG	100%	Y	
6	ARTHUR LAM	100%	Y	
7	ADRIAN YAU	100%	Y	
8	VIVIAN YIP	86%	Y	
9	KELVIN CHAN	86%	Y	
10	ANGEL SO	86%	Y	
11	DESMOND HAU	71%	Y	Taken part in World Junior Cup
12	AMY CHOI	57%	Y	

## ATTITUDE

- Separate players into their playing formats and provide new and specific training partners, set standards and give the players a focus; (the earlier the better)
- encourage players to honestly express the lessons learnt
- Continue to ask for 186 more days to the 2011 Asia Pacific Championships
  - Do we have the right people (and in their right playing positions)?
  - Do they take the role seriously, if not why are they here?
  - Do they accept the challenge, if not why are they here?
- At training the number of squad members who show that near enough is good enough reinforces why some players lack success, thus a good reason to DEMAND what the players NEED and to separate the squad into the 'teams'(AP formats) so as to enable each 'team' to set their own standard for the medal prospects
- The squad approach, driven by the coaches/HKLBA, is to have each team member sit and review their performance and agree to a heightened level of commitment in training and future individual and team contributions
- Consider more extensive/regular training and also earlier arrival in Adelaide prior to the AP Championships
- Coaches/HKLBA must provide the direction and leadership in the interests of the players success. For a successful 2011 AP Championships, the strategy for the squad has to include
  - Measuring the progress of the overall team goal as of now
  - Assessing player goals in all events leading to the 2011 APC
  - Measuring player skill knowledge and measuring performance

## B. CONSLUCION

- Every squad member be required to record their training and competition performances
- Tactical skill training to be approximately 20% of the total training regime
- Mental skill training to be approximately 20% of the total training regime
- Experience/seniority is overrated if it is a repeated (unsuccessful) experience and weak soft-skills
- Players are allowed to be human, so there will be disharmony and discontent but ensure the management/coaches have the social skills to capably support players in these situations
- The various fields of sport science must play a bigger role in the preparation of the squad
- There is no ONE way to play this game. However there is only ONE way to be better, ie know what skills are involved in the game and required levels of those skills at various and better competition levels and develop a level higher level in each skill area
- Finally training should not only be intense but FUN. Therefore enjoy it and keep at it!

Last but not least HKLBA should set sights on every player/team reaching the quarter-finals of their event at the 2011 APC as a starting point for further progress toward the medal haul.

YH CHOO

May 22, 2011



# **National Squad Training 2011 Feedback report**

The two week long training programme was the first and foremost formal training programme organized for the HK squad. Members of the selection panels and HKYDT coaches were invited as observers. An abridged version of the training programme was also organized for the HKYDT. One opinion has it that selected coaches may be invited as observers.

Generally speaking, all participants are of the view that the training should help raise the performance level of squad members, enhance team spirit and camaraderie of squad members and thus be conducive to future achievements of HK in international competitions.

Some participants are of the opinion that a tailor-made programme would improve the effectiveness of the programme, rather than just an adoption of the Malaysian version. The general view is that time was too tight for the volume of content involved. It would be desirable to allow more time for some topics.

In terms of timing, those who have a day job prefer the training to be held on public holidays. This was not possible as the Malaysian coaches were flown in for two weeks only and therefore a programme extended over further time was not viable. Some YDT members say that evening sessions should be started earlier than 7.00 p.m. if participants are available after school or work.

Some participants are of the view that the group of 26 is too large and separating men and women into two groups for drill exercises may improve the flow.

Participants found the following subjects to be most useful:- Game plan, delivery skill training, individual scorecards for post-game analysis, versatility drill, game psychology, mental training, etc.

Many participants like to see individual coaching and de-brief sessions added, as well as a group sharing session among participants. Other than that, it is suggested to expand on the topics of game tactics and head reading, for example by review and analysis of actual competition video footages. Also, specific tactics applicable to different formats of play should also be discussed.

The bi-lingual teaching medium is seen to be unnecessary by many participants as they have at least a basic command of spoken English. This view was echoed by YDT members who say that translation time can be saved.

The participants also said that the venue of classroom lectures at the KBGC lounging room was crowded, noisy and did not have privacy.

Some participants took the opportunity to request the LBA to appoint national coaches to look after the training of the squad.

## List of attendants:

Men's squad members (13): Ken Chan, Chadwick Chen, Tony Cheung, Jimmy Chiu, Robin Chok, Danny Ho, James Keung, Wilson Kwong, K H Lee, Bernard Leung, M S Li, Alex Ng and Jerry Ng.

Women's squad members (13): Anna Chan, Helen Cheung, Danna Chiu, Grace Chu, Queen Lai, Alice Lee, Camilla Leung, Peggy Ma, Joanna Nam, Jessie So, Wanis Sze, Winnie Wai and Phyllis Wong.

VP (International)  
Heron Lau

# Summary of Applications received for Overseas International Events in 2011

revised on 2 June

HK Squad - Men		Not available for trials on	Asian Championships 6-15/9/2011 (India)	MAP International Bowls Challenge 6-18/10/2011 (USA)	Japan Open 26-31/10/2011	Asia Pacific Championships 24/11-12/12/2011 (Australia)	3/6 pm	6/6 SLY 2:00 pm	6/6 SLY 7:00 pm
1	DANNY HO	3 June - 7:30-10pm	DANNY HO	DANNY HO		DANNY HO	N	Y	Y
2	BERNARD LEUNG	6 June - 2-6pm (Ronson Au final)	BERNARD LEUNG	BERNARD LEUNG		BERNARD LEUNG	Y	N	Y
3	ALEX NG		ALEX NG			ALEX NG	Y	Y	Y
4	JIMMY CHIU	6 June - 7-10pm	JIMMY CHIU				Y	Y	N
5	ANDY CHAN					ANDY CHAN	Y	Y	Y
6	ROBIN CHOK	6 June - 7-10pm				ROBIN CHOK	Y	Y	N
7	CHADWICK CHEN	3 June - 7:30-10pm				CHADWICK CHEN	N	Y	Y
8	TONY CHEUNG		TONY CHEUNG	TONY CHEUNG	TONY CHEUNG	TONY CHEUNG	Y	Y	Y
9	WILSON KWONG	6 June - 7-10pm	WILSON KWONG			WILSON KWONG	Y	Y	N
10	LI MING SUM		LI MING SUM	LI MING SUM	LI MING SUM	LI MING SUM	Y	Y	Y
11	MILO LAI				MILO LAI	MILO LAI	Y	Y	Y
12	JAMES KEUNG		JAMES KEUNG				Y	Y	Y
13	STEPHEN CHAN ®						Y	Y	Y
14	®						Y	N	N
			8	4	3	10	12	12	10
HK Squad - Women							Y	Y	Y
1	GRACE CHU					GRACE CHU	Y	Y	Y
2	ANNA CHAN		ANNA CHAN			ANNA CHAN	Y	Y	Y
3	TAMMY THAM		TAMMY THAM		TAMMY THAM	TAMMY THAM	Y	Y	Y
4	WINNIE WAI		WINNIE WAI			WINNIE WAI	Y	Y	Y
5	JOANNA NAM		JOANNA NAM			JOANNA NAM	Y	Y	Y
6	CAMILLA LEUNG		CAMILLA LEUNG			CAMILLA LEUNG	Y	Y	Y
7	PEGGY MA		PEGGY MA		PEGGY MA	PEGGY MA	Y	Y	Y
8	DANNA CHIU		DANNA CHIU			DANNA CHIU	Y	Y	Y
9	QUEENIE LAI					QUEENIE LAI	Y	Y	Y
10	WANIS SZE		WANIS SZE		WANIS SZE	WANIS SZE	Y	Y	Y
11	JESSIE SO	6 June - 2-6pm	JESSIE SO			JESSIE SO	Y	N	Y
12	HELEN CHEUNG					HELEN CHEUNG	Y	Y	Y
13	ALICE LEE	3 June - 7:30-10:30pm	ALICE LEE		ALICE LEE	ALICE LEE	N	Y	Y
14	PHYLLIS WONG	6 June - 2-6pm				PHYLLIS WONG	Y	N	Y
15	CONNIE CHAN ®						Y	Y	N
			10	0	4	14	14	13	14

® = Reserve

Men Selectors 3 March @ POC 7:30pm 6 March @ SLY 2:00pm 6 March @ SLY 7:00pm

- 1 CM Chan  
2 Terry Chiang  
3 Timmy Kwong  
4 Stanley Lai  
5 Marco Ngai

yes  
no  
yes  
yes  
yes

yes  
yes  
yes  
yes  
yes

no  
yes  
no  
yes  
no

Ladies Selectors

- 1 Eva Hui  
2 Rita Shek  
3 Daphne Gohel  
4 Lychee Lai  
5 Shirley Ma

no  
yes  
yes  
yes  
no

yes  
no  
no  
yes  
yes

yes  
yes  
yes  
yes  
yes



## HONG KONG LAWN BOWLS ASSOCIATION

### Overseas International Events in 2011

12 men and 14 women showed their interest and applied to represent HK in the various events to be held in 2011. VP(I) organized three trials for the selection and selectors were also invited to attend these trials. After the trials, the selection results are as follows :

#### MEN

##### **Asian Bowls Championship - 5 selected with 2 reserves**

- 1) Danny Ho
- 2) Alex Ng
- 3) Jimmy Chiu
- 4) James Keung
- 5) Bernard Leung
- Reserve 1) Li Ming Sum
- Reserve 2 ) Wilson Kwong

##### Line-up

Singles: Danny Ho

Pairs: Alex Ng (lead) Danny Ho (skip)

Triples: Bernard Leung (lead) James Keung (second) Jimmy Chiu (skip)

Fours: Bernard Leung (lead), Alex Ng (second), James Keung (third), Jimmy Chiu (skip)

##### **MAP (USA) - 2 selected with 2 reserves**

- 1) Bernard Leung
- 2) Li Ming Sum
- Reserve 1) Tony Cheung
- Reserve 2) Danny Ho

##### Line-up

Bernard Leung (lead), Li Ming Sum (skip)

##### **Japan Open - 2 selected with 1 reserves**

- 1) Tony Cheung
- 2) Milo Lai
- Reserve 1) Li Ming Sum

##### Line-up

Tony Cheung (second), Milo Lai (skip)

##### **Asia Pacific Championship - 5 selected with 2 reserves**

- 1) Danny Ho
- 2) Alex Ng
- 3) Robin Chok
- 4) Chadwick Chen
- 5) Bernard Leung
- Reserve 1) Andy Chan
- Reserve 2) Tony Cheung

##### Line-up

Singles: Danny Ho

Pairs: Alex Ng (lead), Danny Ho (skip)

Triples: Bernard Leung (lead), Robin Chok (second), Chadwick Chen (skip)

Fours: Bernard Leung (lead), Alex Ng (second), Robin Chok (third), Chadwick Chen (skip)

## **WOMEN**

### **Asian Bowls Championship - 5 selected with 2 reserves**

- 1) Tammy Tham
- 2) Camilla Leung
- 3) Joanna Nam
- 4) Wanis Sze
- 5) Alice Lee
- Reserve 1) Jessie So
- Reserve 2 ) Winnie Wai

#### **Line-up**

Singles: Tammy Tham  
Pairs: Tammy Tham (lead) Wanis Sze (skip)  
Triples: Alice Lee (lead) Joanna Nam (second) Camilla Leung (skip)  
Fours: Alice Lee (lead), Joanna Nam (second), Wanis Sze (third), Camilla Leung (skip)

### **Japan Open - 1 selected with 1 reserve**

- 1) Tammy Tham
- Reserve 1) Alice Lee

#### **Line-up**

Tammy Tham (lead)

### **Asia Pacific Championship - 5 selected with 2 reserves**

- 1) Grace Chu
- 2) Tammy Tham
- 3) Camilla Leung
- 4) Wanis Sze
- 5) Alice Lee
- Reserve 1) Joanna Nam
- Reserve 2) Queenie Lai

#### **Line-up**

Singles: Tammy Tham  
Pairs: Tammy Tham (lead) Wanis Sze (skip)  
Triples: Grace Chu (lead), Alice Lee (second) Camilla Leung (skip)  
Fours: Grace Chu (lead), Alice Lee (second), Wanis Sze (third), Camilla Leung (skip)

## **JUNIOR SQUAD**

### **Asian Under 25 Championship (Singles)**

- Boys : James, Po Ting Jun  
James, Tang Ho Yin
- Girls : Angel So Ka He  
Oliva, Yu Kwok Wing

The report is tabled for Councillors' information and sanctioning.

Heron Lau  
Vice-President (International)  
HKLBA

27 June, 2011

up confidently and drew the shot but when he measured it was a 2 inch difference and he lost the set with the game.

**5.2 Tammy Tham:** Is a new regular for the Hong Kong team and it was her second time in Warilla. She had high hopes this year because last year she did pretty well, 6<sup>th</sup> overall. This year when we first started our training she had doubts and was a bit resistant to the training program worrying that the results would not be as good as if she'd play by herself throwing a jack and simply draw 4 woods. But gradually she accepted the training and results were almost instant. She left one week early at her own expense to familiarise herself with the greens at the venue, thus missing our last training session. When we arrived she felt confident and I could see her percentage would again be kept in Australia. But she might have given herself too much pressure at the start and she lost her first 4 games disastrously. After some team talk and mental exercise, she picked herself up and won all the 7 games left in the group stage and made it to the playoffs. But on the playoff game against Guernsey, at that stage of the game drawing is not the only skill you need to have. If we're talking black and white on drawing percentage they are almost the same and I can say at points Tammy was even better! But the Guernsey women was very strong in tactical positioning, head reading plus "tap and lie" shots which Tammy is not too confident on so she struggled and lost badly in the first set. If you see the score result wise, her second set was also not good but she switched to play a more aggressive tactic but it was too late.

But overall for Tammy, in this tournament she was able to play to her best performance and all she needed was to put some effort in head reading and positioning plus proper training to refine her skills in order for her to be confident in all shots to take her (and Hong Kong) to another level.

**5.3 Desmond Hau:** A veteran from the HKYDT usually skipping for the team. He had no problems with the training system and progressed steadily. He also received training at the Island East green from the coach of the Hong Kong Youth Squad, Rita Shek. Rita and myself coordinated our training to maximise Desmond's performance.

When we arrived at Warilla Bowls Club for our practice session (which lasted 1 day) we found out that the game would be played on the outdoor grass (the game was played on artificial outdoor in 2010). At first Desmond was struggling with the wind as it could alter the bowls bias depending on what hand you played but gradually he managed to get hold of it and started to perform. Desmond was a bit unlucky having only to play 7 games with Brunei's withdrawal at the last minute. He played consistently to his percentage but the opponents were just as strong and he lost the first 5 games. But he wasn't disappointed instead he constantly asked me for points to improve or to be aware of. On the 6<sup>th</sup> game against Andrew Kelly of New Zealand, he showed everyone what he was capable of doing and won in straight sets and kept on winning the next day. After he finished all his games he went on to support the rest of the team which kept the whole team's morale high.

Throughout this tournament Desmond displayed great positive attitude, manner, enthusiasm and the will to strive both as a player and as a team member.

Desmond is an enthusiastic young man always open to suggestions to make himself a better bowler, but he needs more confidence in himself as throughout his games whenever I was watching he would ask me questions which he already had the answers to as he is a skip who makes sensible decisions and has a good sense of head reading. He should have more confident in himself and his skills.

**5.4 Andrea Chan:** An experienced player having represented Hong Kong Junior Squad for Asian and World level events. Her training in New Zealand was satisfactory. It was put to test when we had our training session in Warilla Bowls Club where I could see if her training paid off. She was playing in this event in 2008 and she knew the effect of the winds quite well and she adapted very quickly. It took her a few matches to put herself back in momentum to be really competitive. Her playing was mature and sensible and she was really into the game – specially the game against Shermeen Lim from Singapore (2010 3<sup>rd</sup> place). At the last end of the tie break Shermeen trailed the jack into the ditch but Andrea kept her cool and drew the first shot with her last wood that was just 5 inches from the ditch to win that game. This is a classic example of the mental

**CONFIDENTIAL REPORT ON The World Cup Indoor Singles & World Junior Cup 2011**  
**12-20 April 2011, Warilla Bowls Club, Australia**  
**To the Officers and Selectors of the Hong Kong Lawn Bowls Association**

### **1. Introduction**

This World Bowls annual event took place from 12 April – 20 April at the Warilla Bowls & Recreation Club in New South Wales, Australia. This venue is located on the south east coast of Australia around 100km south of Sydney. The weather was unpredictable, ranging around 14-29 degrees Celsius. The competition venue was a very large recreation complex with an 8 rink indoor green, 2 natural and 2 artificial outdoor greens.

### **2. Team**

The Team comprised the 2<sup>nd</sup> runner-up winner of our local indoor championship Mr. Wan Kwong Hoi [winner Danny Ho and 1<sup>st</sup> runner up winner K.H.Li were not available], and winner Ms. Tammy Tham with our Youth Development Team juniors Mr. Desmond Hau and Ms. Andrea Chan.

### **3. Practice**

The pre-competition 12 sessions of practice was scheduled starting from 17<sup>th</sup> Jan to 7<sup>th</sup> Apr at the venues of HKFC (indoor) and Island East. Based on my predictive model and charts from the data collected from the players performance, I introduced a systematic training (based on drills focusing on weight consistency and fast adaptability) for this event for the Hong Kong team instead of the traditional “roll ups” since this was a singles event and there were only 4 players participating. I was confident this was the training they would need. At first the senior players had difficulties adapting to the systematic training while there were no problems with Desmond as he grew up with this system in the HKYDT. Andrea on the other hand, had to do the training by herself and I could only assess her progress through the internet. Individual skills and drawing percentage of the 2 senior players were significantly improved.

### **4. Games**

25 countries participated: Australia, Canada, China, Cook Islands, Cyprus, Fiji, Guernsey, Hong Kong China, Ireland, Israel, Japan, Jersey, Malaysia, Malta, Namibia, New Zealand, Norfolk Island, Philippines, Scotland, Singapore, South Africa, Spain, Thailand, United Arab Emirates and United States of America. Brunei withdrew at the last minute.

The Indoor World Cup and the World Junior Cup Men’s and Women’s were played in 2 groups on a round robin basis and a playoff with the top 2 players from each group

Each day the game schedule was. 8:30am, 10:30am 12:30pm, 2:30pm, 4:30pm, 6:30pm, 8:30pm and 9:30pm. The Hong Kong Team juniors had no games after 6:30pm.

### **5. Players**

**5.1 Wan Kwong Hoi:** His performance in his first international tournament revealed that he has a lot of room for improvement and needs further training to prepare for future games. On the first training session we all sat down and discussed what their goals were and what they wanted to achieve in this tournament. His answer was honest and down to earth, “I just want to see the world and see how different we are.” He was surely the weakest link among the 4 players but he built up confidence through continuous training and played his very best managing to beat Singapore and Thailand.

One incident I would really like to bring up is his game against Japan. He lost the first set just by a little and on the 8<sup>th</sup> end of the second set he was 1 up on the board and carelessly dropped a 3 so he will need to win a 2 on the last end for a tie break. Both of the players bowled their 3rd wood and Wan asked the marker “up or down” the marker said 1. I waved him to come over and take a look which he did. I told him “you are just holding one and you have to think of something that can make you 3 up. He said, I’m sure we are 2 up (the second shot was a measure but myself and Desmond from the point we see it is surely just 1 up. Then he went

toughness all Hong Kong representatives should have. In general her overall performance was good plus she is a very charming and considerate person, her character balanced the harmony of the whole team.

## **6 GENERAL COMMENTS:**

This being my first assignment as a manager for the Hong Kong team, I have been on a similar learning curve with the rest of the team as their manager. I have to say, I'm really happy with the results of the whole team especially if you consider the resources at our disposal in comparison with teams like Australia, New Zealand, Malaysia etc. Our team arrived 2 days before the commencement of the tournament while some teams had arrived at least 7 days before. It would be a good idea if players were given more time to prepare for the tournament by allowing them to start their practice in Hong Kong earlier and arrive to the hosting countries a bit earlier to adapt time differences (if any), familiarize themselves with the venue instead of the players using their first 2 to 3 games to become familiar with the greens.

After 7 days of intense competition with the best in the world, the Hong Kong team finished with more than satisfying results with Tammy Tham finishing 3rd in the group stage and 6th overall in the play offs out of 25 participants with Andrea winning three games against Cook Island, Singapore (last year's bronze medalist) and Canada, Desmond winning two games against Hong Kong favourite, Andrew Kelly from New Zealand (last year's winner) and Canada. Wan Kwong Hoi winning against Singapore and Thailand. They may not have come back with a medal but everyone's appreciated the Hong Kong team for their good attitude, etiquette, skill and team spirit.

I should salute our Youth Team players as the outdoor greens are a total different story compared to the indoor. You can really experience 4 seasons in one day with gusting winds throughout the day with occasional sudden downpours, temperature ranging from 14-29 degrees Celsius with green speeds ranging from 11-17 seconds. These conditions require immense concentration and skill.

If Hong Kong is going to compete with the major bowling nations, I feel the training for the team has to be far more systematic, over a longer period of time and based on the kind of principles we used in preparation for this year's competition.

## **7 RESULTS:**

<b>Wan Kwong Hoi</b>	20 <sup>th</sup> out of 23 contestants	
<b>Tammy Tham</b>	6 <sup>th</sup> out of 25 contestants	
<b>Desmond Hau</b>	13 <sup>th</sup> out of 16 contestants	
<b>Andrea Chan</b>	10 <sup>th</sup> out of 11 contestants	

Musa Karamdin  
Team Manager  
20 June 2011

# Hong Kong Lawn Bowls Association

## Debtors Outstanding List as at 27/6/2011

Club	Due Under 30 Days	Due 30 to 90 Days	Over 90 Days	Total Amount
AYFP	640.00	12,760.00	0.00	13,400.00
CdeR	400.00	0.00	0.00	400.00
CLBC	80.00	0.00	0.00	80.00
CLP	0.00	3,200.00	0.00	3,200.00
FSLBC	240.00	0.00	0.00	240.00
GLBC	0.00	1,000.00	0.00	1,000.00
HEGSC	80.00	0.00	0.00	80.00
HKFC	3,440.00	0.00	0.00	3,440.00
HKJC	0.00	2,440.00	0.00	2,440.00
HKPBC	0.00	21,000.00	0.00	21,000.00
HKSAP	0.00	1,480.00	0.00	1,480.00
ILBC	1,836.00	4,200.00	0.00	6,036.00
LBTC	160.00	6,040.00	520.00	6,720.00
PDLBC	240.00	1,880.00	0.00	2,120.00
SCB	0.00	560.00	0.00	560.00
STSA	240.00	13,660.00	0.00	13,900.00
TMSA	320.00	4,320.00	0.00	4,640.00
TPLBC	406.00	9,980.00	0.00	10,386.00
USRC	320.00	9,900.00	0.00	10,220.00
VLBC	800.00	3,265.00	0.00	4,065.00
WSC	400.00	0.00	0.00	400.00
Total	9,602.00	95,685.00	520.00	105,807.00