



Organised by



Subvented by

Lawn Bowls Training Programme 2023-2024 (Series 73)

1. Objectives : The Training Programme utilizes a systematic approach to cultivate the bowling knowledge to the participants. The ratio between coach and participants is 1:8.
2. Classes : Classes available in 3 levels: Beginners, Intermediate and Advanced.
Any organization that has 8 participants may request Private Group Class.
2 hours per lesson, totally 8 lessons per class.
3. Eligibility : Age 8 - 17 years - Youth Class
Age 18 years or above - Adult Class
Age 8 years or above - Parent-Child Class
4. Quota : Maximum 8 person per class
5. Entry fee : **HK\$100** (Youth Beginners and Intermediate course)
HK\$150 (Adult and Parent-Child Beginners course)
HK\$200 (Adult and Parent-Child Intermediate course / Adult Advanced course)
6. Enrollment : Please submit the completed entry form and cheque with a self-addressed HK\$2.2 stamped envelope to the HKLBA office by person or by post (No stamped envelope is attached if the e-mail address is provided), the details are as follows:

Cheque made payable to the "Hong Kong Lawn Bowls Association"

Hong Kong Lawn Bowls Association
Room 2010, Olympic House, 1 Stadium Path,
So Kon Po, Causeway Bay,
Hong Kong.

[Do not send cash by post.](#)

[Entry may not be accepted if any information is missing or unclear.](#)
7. Notification for Admission : Participants will be notified the results of the application 5 days prior to the commencement of the class. Once application is confirmed, no refund or transfer of participant is allowed. Participants may contact the Association if they do not receive any notification 3 days before the commencement of the class.
8. Closing Date : 5 weeks prior to the commencement of the class (on a first come first served basis)
9. Enquiry : 2504 8251 Website : www.hklba.org/new
10. Next Training Programme Schedule : Series 74----Course Dates :October 2023 – March 2024----- Enrollment Date Early Aug 2023

Training Time table (Please keep this page for reference)

| Course Code | Level | Location | Date | Week | Time | Course Code | Level | Location | Date | Week | Time |
|-------------|-------------------------|----------|-----------------|---------|-----------|-------------|--------------------------|----------|-----------------|------|-----------|
| BY-01 | Youth beginners ' class | YCK | 6/4-25/5/2023 | Thu | 5pm-7pm | BA-51 | Adult beginners ' class | IE | 7/6-26/7/2023 | Wed | 10am-12nn |
| BY-02 | Youth beginners ' class | VP | 15/4-3/6/2023 | Sat | 8am-10am | BA-52 | Adult beginners ' class | IE | 7/6-26/7/2023 | Wed | 12nn-2pm |
| BY-03 | Youth beginners ' class | TKO | 8/7-26/8/2023 | Sat | 8am-10am | BA-53 | Adult beginners ' class | ALC | 5/6-24/7/2023 | Mon | 8pm-10pm |
| BY-04 | Youth beginners ' class | VP | 17/7-9/8/2023 | Mon/Wed | 9am-11am | BA-54 | Adult beginners ' class | SLY | 6/6-25/7/2023 | Tue | 10am-12nn |
| BY-05 | Youth beginners ' class | IE | 16/4-4/6/2023 | Sun | 8am-10am | BA-55 | Adult beginners ' class | TCS | 6/6-25/7/2023 | Tue | 10am-12nn |
| BY-06 | Youth beginners ' class | TCS | 17/7-9/8/2023 | Mon/Wed | 10am-12nn | BA-56 | Adult beginners ' class | IE | 7/6-26/7/2023 | Wed | 4pm-6pm |
| BY-07 | Youth beginners ' class | YCK | 18/7-10/8/2023 | Tue/Thu | 5pm-7pm | BA-57 | Adult beginners ' class | YCK | 9/6-28/7/2023 | Fri | 10am-12nn |
| BY-08 | Youth beginners ' class | IE | 11/6-30/7/2023 | Sun | 8am-10am | BA-58 | Adult beginners ' class | SLY | 9/6-28/7/2023 | Fri | 10am-12nn |
| BY-09 | Youth beginners ' class | TKO | 18/7-10/8/2023 | Tue/Thu | 4pm-6pm | BA-59 | Adult beginners ' class | IE | 7/6-26/7/2023 | Wed | 7pm-9pm |
| BY-10 | Youth beginners ' class | VP | 18/7-10/8/2023 | Tue/Thu | 5pm-7pm | BA-61 | Adult beginners ' class | IE | 4/4-23/5/2023 | Tue | 10am-12nn |
| BY-11 | Youth beginners ' class | TCS | 18/7-10/8/2023 | Tue/Thu | 4pm-6pm | BA-62 | Adult beginners ' class | VP | 9/6-28/7/2023 | Fri | 7pm-9pm |
| BY-12 | Youth beginners ' class | WS | 2/8-25/8/2023 | Wed/Fri | 9am-11am | BA-63 | Adult beginners ' class | VP | 9/6-28/7/2023 | Fri | 10am-12nn |
| BY-13 | Youth beginners ' class | WS | 5/8-23/9/2023 | Sat | 10am-12nn | BA-64 | Adult beginners ' class | SLY | 9/6-28/7/2023 | Fri | 7pm-9pm |
| BY-14 | Youth beginners ' class | YCK | 5/9-24/10/2023 | Tue | 5pm-7pm | BA-65 | Adult beginners ' class | TCS | 9/6-28/7/2023 | Fri | 10am-12nn |
| BY-15 | Youth beginners ' class | IE | 15/4-3/6/2023 | Sat | 8am-10am | BA-66 | Adult beginners ' class | VP | 19/6-7/8/2023 | Mon | 8pm-10pm |
| BY-16 | Youth beginners ' class | VP | 17/9-5/11/2023 | Sun | 8am-10am | BA-67 | Adult beginners ' class | IE | 4/4-23/5/2023 | Tue | 12nn-2pm |
| BY-17 | Youth beginners ' class | VP | 18/9-20/11/2023 | Mon | 5pm-7pm | BA-68 | Adult beginners ' class | ALC | 14/6-2/8/2023 | Wed | 10am-12nn |
| BP-18 | Parent-child class | VP | 9/4-28/5/2023 | Sun | 8am-10am | BA-69 | Adult beginners ' class | YCK | 5/7-23/8/2023 | Wed | 7pm-9pm |
| BP-19 | Parent-child class | TKO | 14/5-2/7/2023 | Sun | 8am-10am | BA-70 | Adult beginners ' class | VP | 6/7-24/8/2023 | Thu | 9am-11am |
| BP-20 | Parent-child class | SLY | 14/5-2/7/2023 | Sun | 10am-12nn | BA-71 | Adult beginners ' class | TKO | 7/7-25/8/2023 | Fri | 10am-12nn |
| BP-21 | Parent-child class | VP | 4/6-23/7/2023 | Sun | 8am-10am | BA-72 | Adult beginners ' class | VP | 8/7-26/8/2023 | Sat | 8am-10am |
| BP-22 | Parent-child class | IE | 15/4-3/6/2023 | Sat | 1pm-3pm | BA-73 | Adult beginners ' class | IE | 4/4-23/5/2023 | Tue | 4pm-6pm |
| BP-23 | Parent-child class | VP | 17/9-5/11/2023 | Sun | 8am-10am | BA-74 | Adult beginners ' class | TCS | 10/7-28/8/2023 | Mon | 8pm-10pm |
| BP-24 | Parent-child class | SLY | 17/9-5/11/2023 | Sun | 10am-12nn | BA-75 | Adult beginners ' class | WS | 3/8-21/9/2023 | Thu | 7pm-9pm |
| BA-25 | Adult beginners ' class | VP | 9/4-28/5/2023 | Sun | 8am-10am | BA-76 | Adult beginners ' class | WS | 4/8-22/9/2023 | Fri | 7pm-9pm |
| BA-26 | Adult beginners ' class | TCS | 4/4-23/5/2023 | Tue | 10am-12nn | BA-77 | Adult beginners ' class | IE | 4/4-23/5/2023 | Tue | 7pm-9pm |
| BA-27 | Adult beginners ' class | SLY | 6/4-25/5/2023 | Thu | 10am-12nn | BA-78 | Adult beginners ' class | VP | 4/8-22/9/2023 | Fri | 10am-12nn |
| BA-28 | Adult beginners ' class | YCK | 6/4-25/5/2023 | Thu | 7pm-9pm | BA-79 | Adult beginners ' class | VP | 7/8-25/9/2023 | Mon | 8pm-10pm |
| BA-29 | Adult beginners ' class | TCS | 6/4-25/5/2023 | Thu | 10am-12nn | BA-80 | Adult beginners ' class | IE | 30/5-18/7/2023 | Tue | 10am-12nn |
| BA-30 | Adult beginners ' class | IE | 17/4-12/6/2023 | Mon | 10am-12nn | BA-81 | Adult beginners ' class | VP | 14/8-9/10/2023 | Mon | 9am-11am |
| BA-31 | Adult beginners ' class | YCK | 11/4-30/5/2023 | Tue | 9am-11am | BA-82 | Adult beginners ' class | VP | 1/9-27/10/2023 | Fri | 5pm-7pm |
| BA-32 | Adult beginners ' class | VP | 11/4-30/5/2023 | Tue | 9am-11am | BA-83 | Adult beginners ' class | VP | 2/9-28/10/2023 | Sat | 8am-10am |
| BA-33 | Adult beginners ' class | ALC | 12/4-31/5/2023 | Wed | 10am-12nn | BA-84 | Adult beginners ' class | VP | 3/9-22/10/2023 | Sun | 8am-10am |
| BA-34 | Adult beginners ' class | SLY | 12/4-31/5/2023 | Wed | 10am-12nn | BA-85 | Adult beginners ' class | SLY | 5/9-24/10/2023 | Tue | 10am-12nn |
| BA-35 | Adult beginners ' class | YCK | 12/4-31/5/2023 | Wed | 10am-12nn | BA-86 | Adult beginners ' class | IE | 30/5-18/7/2023 | Tue | 12nn-2pm |
| BA-36 | Adult beginners ' class | ALC | 12/4-31/5/2023 | Wed | 5pm-7pm | BA-87 | Adult beginners ' class | ALC | 23/8-11/10/2023 | Wed | 5pm-7pm |
| BA-37 | Adult beginners ' class | IE | 17/4-12/6/2023 | Mon | 12nn-2pm | BA-88 | Adult beginners ' class | YCK | 6/9-25/10/2023 | Wed | 7pm-9pm |
| BA-38 | Adult beginners ' class | IE | 17/4-12/6/2023 | Mon | 4pm-6pm | BA-89 | Adult beginners ' class | WS | 7/9-26/10/2023 | Thu | 8pm-10pm |
| BA-39 | Adult beginners ' class | TKO | 12/4-31/5/2023 | Wed | 5pm-7pm | BA-90 | Adult beginners ' class | VP | 7/9-26/10/2023 | Thu | 9am-11am |
| BA-40 | Adult beginners ' class | VP | 22/4-10/6/2023 | Sat | 8am-10am | BA-91 | Adult beginners ' class | VP | 22/9-17/11/2023 | Fri | 7pm-9pm |
| BA-41 | Adult beginners ' class | SLY | 22/4-10/6/2023 | Sat | 10am-12nn | IA-92 | Adult intermediate class | ALC | 2/5-20/6/2023 | Tue | 7pm-9pm |
| BA-42 | Adult beginners ' class | VP | 27/4-15/6/2023 | Thu | 7pm-9pm | IA-93 | Adult intermediate class | TCS | 6/4-25/5/2023 | Thu | 7pm-9pm |
| BA-43 | Adult beginners ' class | IE | 17/4-12/6/2023 | Mon | 7pm-9pm | IA-94 | Adult intermediate class | ALC | 18/4-6/6/2023 | Tue | 11am-1pm |
| BA-44 | Adult beginners ' class | TKO | 4/5-29/6/2023 | Thu | 8pm-10pm | IA-95 | Adult intermediate class | SLY | 11/4-30/5/2023 | Tue | 7pm-9pm |
| BA-45 | Adult beginners ' class | TCS | 8/5-26/6/2023 | Mon | 8pm-10pm | IA-96 | Adult intermediate class | TKO | 11/4-30/5/2023 | Tue | 10am-12nn |
| BA-46 | Adult beginners ' class | VP | 10/5-28/6/2023 | Wed | 9am-11am | IA-97 | Adult intermediate class | ALC | 6/4-25/5/2023 | Thu | 9am-11am |
| BA-47 | Adult beginners ' class | SLY | 15/5-3/7/2023 | Mon | 7pm-9pm | IA-98 | Adult intermediate class | TKO | 12/4-31/5/2023 | Wed | 10am-12nn |
| BA-48 | Adult beginners ' class | TKO | 15/5-3/7/2023 | Mon | 7pm-9pm | IA-99 | Adult intermediate class | IE | 30/5-18/7/2023 | Tue | 4pm-6pm |
| BA-49 | Adult beginners ' class | VP | 15/5-3/7/2023 | Mon | 9am-11am | IA-100 | Adult intermediate class | TCS | 12/4-31/5/2023 | Wed | 10am-12nn |
| BA-50 | Adult beginners ' class | YCK | 15/5-3/7/2023 | Mon | 7pm-9pm | IA-101 | Adult intermediate class | IE | 30/5-18/7/2023 | Tue | 7pm-9pm |

| Course Code | Level | Location | Date | Week | Time | Course Code | Level | Location | Date | Week | Time |
|-------------|--------------------------|----------|-----------------|------|-----------|-------------|--------------------------|----------|-----------------|------|-----------|
| IA-102 | Adult intermediate class | VP | 15/4-3/6/2023 | Sat | 8am-10am | IA-122 | Adult intermediate class | IE | 13/4-1/6/2023 | Thu | 4pm-6pm |
| IA-103 | Adult intermediate class | ALC | 20/6-8/8/2023 | Tue | 11am-1pm | IA-123 | Adult intermediate class | VP | 2/9-28/10/2023 | Sat | 8am-10am |
| IA-104 | Adult intermediate class | TCS | 8/5-26/6/2023 | Mon | 10am-12nn | IA-124 | Adult intermediate class | IE | 13/4-1/6/2023 | Thu | 7pm-9pm |
| IA-105 | Adult intermediate class | YCK | 15/5-3/7/2023 | Mon | 10am-12nn | IA-125 | Adult intermediate class | TKO | 5/9-24/10/2023 | Tue | 7pm-9pm |
| IA-106 | Adult intermediate class | TKO | 15/5-3/7/2023 | Mon | 10am-12nn | IA-126 | Adult intermediate class | ALC | 23/8-11/10/2023 | Wed | 10am-12nn |
| IA-107 | Adult intermediate class | IE | 13/4-1/6/2023 | Thu | 10am-12nn | IA-127 | Adult intermediate class | SLY | 7/9-26/10/2023 | Thu | 8pm-10pm |
| IA-108 | Adult intermediate class | YCK | 30/5-18/7/2023 | Tue | 8pm-10pm | IA-128 | Adult intermediate class | VP | 7/9-26/10/2023 | Thu | 7pm-9pm |
| IA-109 | Adult intermediate class | SLY | 5/6-24/7/2023 | Mon | 8pm-10pm | IA-129 | Adult intermediate class | YCK | 12/9-31/10/2023 | Tue | 8pm-10pm |
| IA-110 | Adult intermediate class | ALC | 8/6-3/8/2023 | Thu | 9am-11am | IA-130 | Adult intermediate class | VP | 19/9-7/11/2023 | Tue | 7pm-9pm |
| IA-111 | Adult intermediate class | VP | 9/6-28/7/2023 | Fri | 5pm-7pm | AA-131 | Adult advanced class | IE | 12/4-31/5/2023 | Wed | 10am-12nn |
| IA-112 | Adult intermediate class | IE | 13/4-1/6/2023 | Thu | 12nn-2pm | AA-132 | Adult advanced class | SLY | 11/4-30/5/2023 | Tue | 10am-12nn |
| IA-113 | Adult intermediate class | VP | 27/6-15/8/2023 | Tue | 7pm-9pm | AA-133 | Adult advanced class | TCS | 11/4-30/5/2023 | Tue | 7pm-9pm |
| IA-114 | Adult intermediate class | ALC | 24/8-12/10/2023 | Thu | 9am-11am | AA-134 | Adult advanced class | IE | 12/4-31/5/2023 | Wed | 12nn-2pm |
| IA-115 | Adult intermediate class | VP | 8/7-26/8/2023 | Sat | 8am-10am | AA-135 | Adult advanced class | TKO | 5/7-23/8/2023 | Wed | 8pm-10pm |
| IA-116 | Adult intermediate class | YCK | 10/7-28/8/2023 | Mon | 10am-12nn | AA-136 | Adult advanced class | VP | 7/7-25/8/2023 | Fri | 8pm-10pm |
| IA-117 | Adult intermediate class | TKO | 10/7-28/8/2023 | Mon | 7pm-9pm | AA-137 | Adult advanced class | IE | 14/4-9/6/2023 | Fri | 10am-12nn |
| IA-118 | Adult intermediate class | TP | 28/7-22/9/2023 | Fri | 8pm-10pm | AA-138 | Adult advanced class | TKO | 6/9-25/10/2023 | Wed | 8pm-10pm |
| IA-119 | Adult intermediate class | TKO | 7/8-25/9/2023 | Mon | 10am-12nn | | | | | | |
| IA-120 | Adult intermediate class | YCK | 7/8-25/9/2023 | Mon | 7pm-9pm | | | | | | |
| IA-121 | Adult intermediate class | TKO | 7/8-25/9/2023 | Mon | 7pm-9pm | | | | | | |

| Bowling Green | | Venue addresses and telephone numbers |
|---------------|---|--|
| ALC | Ap Lei Chau Sports Centre Indoor Bowling Green | No.8 Hung Shing Street, Ap Lei Chau, H.K. (Near Ap Lei Chau Main Street) Tel: 2554 0832 |
| IE | Island East Sports Centre Indoor Bowling Green | 52 Lei King Road, Sai Wan Ho, H.K. Tel: 2151 4070 |
| SLY | Siu Lek Yuen Road Playground Bowling Green | 1 Siu Lek Yuen Road, Shatin, N.T. (Close to City One, Shatin) Tel: 2637 2743 |
| TP | Tai Po Waterfront Park Bowling Green | Tai Po Waterfront Park, Dai Fat Street, Tai Po, N.T. (Near Tai Po Industrial Estate Tel: 2667 5489 |
| TKO | Hang Hau Man Kuk Lane Park Bowling Green | Hang Hau Man Kuk Lane Park Bowling Green (Hang Hau MTR Station Exit B2) Tel: 3403 9367 |
| VP | Victoria Park Bowling Green | Victoria Park, Causeway Road, H.K. (Tin Hau MTR Station Exit A2) Tel: 2570 6186 |
| WS | Tuen Mun Wu Shan Bowling Green | Wu Shan Park, Wu Shan Road, Tuen Mun, N.T. (Close to Light Rail Siu Hei Stop and Yuet Wu Villa) Tel: 2459 1062 |
| YCK | Yuen Chau Kok Sports Centre Indoor Bowling Green | 35 Ngan Shing Street, Sha Tin (Nearby City One MTR Station on the Ma On Shan Line) Tel: 2509 9108 |
| TCS | Tung Cheong Street Sports Centre Indoor Bowling Green | 25 Tung Cheong Street, Tai Po Tel: 2691 2055 |

Note: All participants should wear proper sports attire and must wear smooth-soled heelless footwear while playing on the green.



Organised by **Lawn Bowls Training Programme 2023-2024 (Series 73)**

Application Form

Please complete this form in Block Letters and make photocopy if necessary

Name: (Chinese) _____ (English) _____

Gender: _____ Date of Birth: _____ (dd/mm/yyyy) Age: _____

HKID No.:

| | | | | |
|--|--|--|--|--|
| | | | | |
|--|--|--|--|--|

 (Prefix and first 4 digits only)

Contact Number: _____ Fax Number: _____

E-mail Address: _____
(Please provide the e-mail address or relative's e-mail address for correspondence)

In case of an emergency involving me, please contact _____ (Name of Emergency Contact Person) on _____ (Tel. No.).

***I intend to take part in the following class(es) and the order of choices are: (e.g.: 1. BA-01 2. BA-14 etc.)**

| | | | |
|----|----|----|----|
| 1. | 2. | 3. | 4. |
|----|----|----|----|

(* If your preferred class is full or cancelled, we will assign the class according to your order of choices without further notice.)

In order to facilitate your enrollment, please specify the lawn bowls training course you have taken in the past:

| Course Code & Course Name | The Organiser or The Institution | Training Dates |
|---------------------------|----------------------------------|-----------------|
| 1. | | Month Year |
| 2. | | Month Year |

Declaration

For entrants aged below 18 years old, this part must be completed by his/her parent or guardian.

I declare that _____ (entrant's name) is healthy, physically fit, and suitable to participate in the above activity. The Hong Kong Lawn Bowls Association and the Leisure and Cultural Services Department shall not be liable for any injury or death which the participant may suffer in this activity, if the cause of injury or death is due to his/her negligence or inadequacy in health and fitness.

Name of Parent/Guardian: _____ Signature of Parent/Guardian: _____

Contact Tel. No.: _____ Date: _____

For entrants aged 18 years old and above, this part must be completed by the entrant himself/herself.

I declare that I am healthy, physically fit, and suitable to participate in the above activity. The Hong Kong Lawn Bowls Association and the Leisure and Cultural Services Department shall not be liable for any injury or death which I may suffer in this activity, if the cause of injury or death is due to my negligence or inadequacy in health and fitness.

Signature of Entrant: _____ Date: _____

The information provided will be used for the enrolment and promotion of events organized by HKLBA only. You may contact HKLBA office for any amendment or enquiries.